

# The Echoing Voice

# THRIVE

Parent Conversation Guide  
Friday, October 7, 2021

## Key Activities

Am I my brother's Keeper? This was the question that came out of last week's message. So, this week we dove into the story of Cain and Abel. After playing 'Life Size Hungry Hungry Hippo' we talked deeply about feeding your spirit. Every human has two voices that try to direct their thought process. One voice is our fleshly desires which are influenced by Satan's strong hold on today's society. The second voice is the Holy Spirit that lives inside of us. We explained to the group, that the spirit you feed the most determines which voice is heard. When you practice something you want to improve upon, positive results are usually the outcome. This is the same principle with strengthening your spirit and relationship with Christ. Over the next four weeks we will dive into biblical strategies to improve your spiritual growth.

## Key Scripture

### Joshua 1:8

Keep this book of law always on your lips; meditate on it every day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

## This year's Theme

### ROMANS 12:9-21

Let love be genuine. **Hate what is evil; cling to what is good.** Love one another with brotherly affection. Outdo one another in showing honor. Do not be slothful in zeal, be fervent in spirit, serve the Lord. Rejoice in hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints and seek to show hospitality...

## Key Discussion Questions

### Follow up Discussion (ask your student)

- What are the two voices that battle for your heart and attention?
- How often do you have to confront yourself for negative thoughts?
- How do you normally handle yourself when negative thoughts occur?
- Give each other feedback on different strategies to utilize when dealing with difficulty though processes?

## Daily Follow up

- Did you feed the spirit or the flesh today? What happened?

